



Facts About Substance Use Disorder (SUD) & Online Recovery

Substance use disorder (SUD) is an illness.

Per the Substance Abuse and Mental Health Services Administration (SAMHSA), “**substance use disorders occur when the recurrent use of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet major responsibilities at work, school, or home.**”

SUD is widespread. SAMHSA’s National Survey on Drug Use and Health, reveals **21.2 million Americans** aged 12 or older needed **substance use treatment**, or approximately **7.8 percent** of the U.S. population. **Only 4.2 million receive treatment** each year and find freedom in recovery.

People with **untreated SUD** are twice as likely to be **admitted to emergency departments** as people who do not have the disorder.

Untreated SUD often leads to an occurrence of **chronic health conditions** and poorer health outcomes for individuals.

SUD is an epidemic. The number of **alcohol-related deaths** in the United States more than **doubled from 1999 to 2017**.

According to the U.S. Department of Health & Human Services, **in 2017**, more than **70,200 people died** in the United States **by overdose**.

In 2017 **alcohol** played a role in **2.6% of all deaths** in the United States.

At work, the impact of **lost productivity due to SUDs** has been projected to be **\$180 billion annually**.

Telehealth is one of the **most effective** ways to **reach and treat people with SUDs**. It’s also one of the most effective ways to support life in recovery.

Online recovery is affordable.

Even for people without health insurance, private pay packages are available that fit most budgets.

Online recovery is private.

People can seek and receive HIPAA-compliant treatment from the privacy of their home.

Online recovery is flexible.

There is no need to build in commute time and it allows for appointments at any time of day.

Online recovery is preferred by many.

Fifty-two percent of people in treatment who attended in-person meetings pre-COVID, say they will only attend online meetings when restrictions are lifted.

Contact

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